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**A totally vanishing  
moisturising cream with  
the beneficial properties  
of Natural Mineral  
Sulphur.**

**Ideal for reducing the  
inflammation of  
rosacea.**

**David's Sulphur  
Cream.**



**Another Specialty Skin  
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## What is rosacea?

Rosacea is a common skin condition affecting the face particularly the cheeks, nose, chin and forehead. Also known as acne rosacea, it often looks somewhat like acne with redness, lumps and swelling. Burning, stinging and dryness of the skin is common.

Using “pimple creams” and cortisone creams often rapidly worsens the problem. Rosacea cannot be cured but can be controlled.



Typical appearance of rosacea.

Prescription antibiotics are often effective and are often prescribed. They can be taken by mouth or applied as creams or gels.

Sulphur based creams are very effective and avoid the problems associated with antibiotic use. They are also often effective when antibiotic treatment has failed.

Proper skin care and avoidance of trigger factors is also important to effectively control rosacea.

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## Rosacea Trigger factors to avoid.

This is a list of common trigger factors that may cause your skin to flare-up if you have rosacea.

- **High temperatures, spas, saunas,**
- **Spicy Foods.**
- **Cold weather and winds.**
- **Stress.**
- **Alcohol.**
- **Astringent Cosmetics & pimple creams.**
- **Cortisone containing Creams.**

## Controlling Rosacea

Medical evidence suggests Rosacea can be controlled and flare-ups reduced with good on going skin care and treatment.

For many people, use of a Sulphur based moisturising cream such as David's Sulphur cream can prevent flare-ups. Should a flare-up occur, applying the cream will restore the skin to normal although this can take up to 2 or 3 weeks.

Unlike anti-biotics, there are no problems with using David's Sulphur cream for long periods of time. In fact this is an ideal way to reduce flare-ups for many people.

Repeated flare-ups of rosacea can increase the appearance of fine “spider veins” or capillaries in the skin especially on the cheeks. Prevention of flare-ups is the best way to avoid this problem worsening.

### Cleansing your Skin.

Avoid soap. Use a gentle cleanser that does not dry the skin. Cetaphil or N.S. Wash are ideal and easy to use.

**David's Sulphur Cream is simply applied every night to the areas affected by rosacea. Excellent results can be expected in 14 to 21 days. David's Sulphur Cream can also be used while you are using prescription medication for rosacea.**

## David Hosking's Pharmacy

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